



PRODUCT ALLERGENS CHART

PRODUCT	ALLERGENS							OTHER	
	SOY	WHEAT/GLUTEN	MILK/DAIRY	PEANUTS	TREE NUTS	EGGS	SESAME	VEGAN	KOSHER
3-Way Cheesy Cheese 	YES		YES						OU-D
Butter 	YES		YES						OU-D
Caramel Corn	YES	MAY	YES	MAY	MAY	MAY			OU-D
Chocolate Drizzled 	YES	MAY	YES	MAY	MAY	MAY			OU-D
Chocolatey Pretzels	YES	YES	YES	MAY	MAY		MAY		
Cinnamon Crunch 	YES		YES						
Honey Roasted Peanuts				YES	MAY				
Movie Theater Butter 	YES		YES						OU-D
Purple Kernels								YES	OU-D
Roasted Summer Corn 	YES		YES						OU-D
Salted Jumbo Cashews				MAY	YES				
Supreme Caramel Corn 	YES	MAY	YES	MAY	YES	MAY			OU-D
Sweet & Salty Kettle Corn	YES		YES						OU-D
Tasty Trio 	YES	YES	YES	MAY	MAY	MAY	MAY		
Trail Mix	YES		YES	YES	YES				OU-D
White Cheddar Cheese 	YES		YES						OU-D

YES - product contains allergen

MAY - manufactured in a facility that handles the allergen, but allergen is not an ingredient

NUTRITIONAL FACTS



TASTY TRIO

Nutrition Facts	Chocolately Pretzel	Sweet and Salty Kettle Corn	Milk Chocolate Caramel Caps
Servings Per Container	About 9	About 4	About 8
Serving size	5 Pieces (30g)	About 2 Cups (30g)	2 Pieces (28g)
Amount per serving			
Calories	140	140	130
	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	6g 8%	6g 8%	6g 8%
Saturated Fat	6g 30%	0.5g 3%	4g 20%
Trans Fat	0g	0g	0g
Cholesterol	0mg 0%	0mg 0%	5mg 2%
Sodium	125mg 5%	230mg 10%	150mg 7%
Total Carbohydrate	20g 7%	20g 7%	19g 7%
Dietary Fiber	1g 4%	3g 11%	0g 0%
Total Sugars	12g	9g	14g
Includes Added Sugars	11g 22%	9g 18%	13g 26%
Protein	2g	1g	1g
Vitamin D	0mcg 0%	0mcg 0%	0mcg 0%
Calcium	27mg 2%	0mg 0%	30mg 2%
Iron	1mg 6%	0mg 0%	0.1mg 0%
Potassium	86mg 2%	34mg 0%	50mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



SUPREME CARAMEL



BUTTER



CARAMEL

Nutrition Facts
About 17 Servings Per Container
Serving size 3/4 Cup (30g)
Amount per serving
Calories
% Daily Value*
Total Fat 4.5g 6%
Saturated Fat 1.5g 8%
Trans Fat 0g
Cholesterol 5mg 2%
Sodium 110mg 5%
Total Carbohydrate 22g 8%
Dietary Fiber <1g 3%
Total Sugars 15g
Includes 15g Added Sugars 30%
Protein 1g
Vitamin D 0mcg 0%
Calcium 12mg 0%
Iron 0mg 0%
Potassium 30mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts
15 (2.5 per bag) Servings Per Container
Serving size 2 Tbsp unpopped (30g)
Amount per serving
Calories
2 Tbsp Unpopped 140
1 Cup Popped 35
% Daily Value*
% Daily Value*
Total Fat 8g 10%
Saturated Fat 3.5g 18%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 260mg 11%
Total Carbohydrate 17g 6%
Dietary Fiber 3g 11%
Total Sugars 0g
Incl. Added Sugars 0g 0%
Protein 2g
Vitamin D 0mcg 0%
Calcium 6mg 0%
Iron 1mg 6%
Potassium 61mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts
About 9 Servings Per Container
Serving size 3/4 cup (30g)
Amount per serving
Calories
% Daily Value*
Total Fat 2.5g 3%
Saturated Fat 1g 5%
Trans Fat 0g
Cholesterol 5mg 2%
Sodium 135mg 6%
Total Carbohydrate 26g 9%
Dietary Fiber <1g 3%
Total Sugars 17g
Includes 17g Added Sugars 34%
Protein <1g
Vitamin D 0mcg 0%
Calcium 2mg 0%
Iron 0mg 0%
Potassium 1mg 0%

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NUTRITIONAL FACTS



3-WAY CHEESEY

Nutrition Facts		Chocolately Caramel Corn	Butter Toffee Caramel Corn	Kettle Corn
Servings Per Container		About 15	About 9	About 6
Serving size		3/4 cup (30g)	3/4 Cup (30g)	3 cups (30g)
Amount per serving				
Calories		130	120	150
		% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	6g	8%	2.5g	3%
Saturated Fat	4.5g	23%	1g	5%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	5mg	2%
Sodium	80mg	3%	120mg	5%
Total Carbohydrate	21g	8%	24g	9%
Dietary Fiber	0g	0%	1g	4%
Total Sugars	16g		16g	
Incl. Added Sugars	16g	32%	16g	32%
Protein	1g		1g	
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				
Vitamin D	0mcg	0%	0mcg	0%
Calcium	22mg	2%	2mg	0%
Iron	1mg	6%	0mg	0%
Potassium	82mg	2%	14mg	0%



MOVIE THEATER BUTTER



ROASTED SUMMER CORN



SWEET & SALTY KETTLE CORN

Nutrition Facts	
55 (2.5 per bag) Servings Per Container	
Serving size 2 Tbsp unpopped (30g)	
Amount per serving	
Calories	
	150
	% Daily Value*
Total Fat	9g 12%
Saturated Fat	4g 20%
Trans Fat	0g 0%
Cholesterol	0mg 0%
Sodium	310mg 13%
Total Carbohydrate	16g 6%
Dietary Fiber	3g 11%
Total Sugars	0g 0%
Incl. Added Sugars	0g 0%
Protein	2g 1g
Vitamin D	0mcg 0%
Calcium	7mg 0%
Iron	1mg 6%
Potassium	58mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts	
35 (2.5 per bag) Servings Per Container	
Serving size 2 Tbsp unpopped (30g)	
Amount per serving	
Calories	
	150
	% Daily Value*
Total Fat	9g 12%
Saturated Fat	4g 20%
Trans Fat	0g 0%
Cholesterol	0mg 0%
Sodium	340mg 15%
Total Carbohydrate	16g 6%
Dietary Fiber	3g 11%
Total Sugars	0g 0%
Incl. Added Sugars	0g 0%
Protein	2g 1g
Vitamin D	0mcg 0%
Calcium	8mg 0%
Iron	1mg 6%
Potassium	58mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts	
30 (2.5 per bag) Servings Per Container	
Serving size 2 Tbsp unpopped (30g)	
Amount per serving	
Calories	
	140
	% Daily Value*
Total Fat	7g 9%
Saturated Fat	3.5g 18%
Trans Fat	0g 0%
Cholesterol	0mg 0%
Sodium	125mg 5%
Total Carbohydrate	17g 6%
Dietary Fiber	3g 11%
Total Sugars	0g 0%
Incl. Added Sugars	0g 0%
Protein	3g 1g
Vitamin D	0mcg 0%
Calcium	4mg 0%
Iron	1mg 6%
Potassium	64mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



NUTRITIONAL FACTS



CINNAMON CRUNCH

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WHITE CHEDDAR

Nutrition Facts	
About 4.5 Servings Per Container	
Serving size 1 3/4 Cups (30g)	
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 34mg	2%
Iron 0mg	0%
Potassium 99mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



CHOCOLATE DRIZZLE

Nutrition Facts	
About 4.5 Servings Per Container	
Serving size 1 3/4 Cups (30g)	
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 34mg	2%
Iron 0mg	0%
Potassium 99mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



CHOCOLATEY PRETZEL

Nutrition Facts	
About 4.5 Servings Per Container	
Serving size 1 3/4 Cups (30g)	
Amount per serving	
Calories	180
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 34mg	2%
Iron 0mg	0%
Potassium 99mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

NUTRITIONAL FACTS



PURPLE KERNELS

Nutrition Facts	
About 28 Servings Per Container	
Serving size	2 Tbsp Unpopped (30g)
Amount per serving	
Calories	110
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 21g	8%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 2mg	0%
Iron 1mg	5%
Potassium 82mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



TRAIL MIX

Nutrition Facts	
15 Servings Per Container	
Serving size	1/4 cup (30g)
Amount per serving	
Calories	130
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 12g	
Includes 9g Added Sugars	18%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 39mg	4%
Iron 1mg	5%
Potassium 156mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



CASHEWS

Nutrition Facts	
About 11 Servings Per Container	
Serving size	1/4 Cup (30g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Polysaturated Fat 2.5g	
Monounsaturated Fat 8g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1.8mg	10%
Potassium 190mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



PEANUTS

Nutrition Facts	
About 11 Servings Per Container	
Serving size	1/4 Cup (30g)
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Polysaturated Fat 4g	
Monounsaturated Fat 7g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 5g Added Sugars	10%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 180mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	